

# Resident & Activity Highlights

## Resident Spotlight

Vinita "Nita" A.



Vinita was gifted unto the world on January 1st, 1933 in Buffalo, NY, and the world has been better since. She was born to Theodore and Elizabeth in Buffalo where she grew up and graduated from Lafayette High. Family has always been important to Vinita, and she was closest to her grandmother who she inherited her love and talent for painting from; you should see how much her skills have grown over the years! As Vinita grew older, she started working for a manufacturing company; little did she know it would alter the course of her life forever.

While she worked at the manufacturing company, she had a chance encounter with her future husband, Bud. He needed some help with a part, and while bringing it in the two of them crossed paths. Bud was in the Coast Guard, and instead of falling in love with the sea, he fell in love with Vinita. Then on April 4th, 1953 they got married, and they took 'till death do us part' quite literally over their 60 years of marriage until Bud passed away in 2013 in his home with his wife by his side. While they were together, they were inseparable, and they brought 4 wonderful children into the world. First, Todd was born in '56 and he then grew up to be in the military just like his father, but in the Army instead. After him in '58 Tom was born and became a Vice President of Manufacturing at his company. Then in '59 Judy was born, who later became a public speaker. Last but not least, Tisa was born in '65 who became a teacher for students with special needs. As their family grew, Vinita can now say she has 7 grandchildren, and 6 great grandchildren in her wonderful family.

When it comes to Vinita herself, you'll never find someone with a more fiery personality and sharp sense of humor. Back in 1996, the Antoinette Brown Blackwell Society recognized Vinita as the Henrietta Woman of the Year, so there's no denying her capabilities. To give you a better idea of her as a person, she enjoys art, history, reading, writing, doing crosswords, and singing with her golden voice. In her younger years, she and Bud loved traveling in general, but their favorite destination was Maine. If you ever get the chance to meet her, make sure to have a chat; it'll be one you won't soon forget!



## A Halo of a Good Time

Seen to the right here is Rich having a fun time playing ring toss with the inflatable rings. It also doubles as halo, to help show off that heavenly smile of his.

### Resident Birthdays

- Glenn N., 8/2
- James K., 8/6
- Marie P., 8/7
- Carol M., 8/10
- Craig B., 8/12
- Donalee W., 8/22
- Linda M., 8/30
- Louise O., 8/31

### Welcome New Residents!

- Jerry A., 415W
- Carol L., 411D
- Juanita B., 404D

### In Memoriam

- Shirley O., 6/13/24
- Norma I., 7/8/24

### Key Events

We have many exciting performances this month, including a few new faces.

On the 7<sup>th</sup> we'll be welcoming magician **Steve Ingraham** to perform his act. The following week **Ernesto Labella** will be performing on the 15<sup>th</sup>. Then our last performance of the month will be on the 22<sup>nd</sup>, with our good friend **Debra McCullough**.

### Key Staff

Kimberly Klinetob  
Administrator

Tracy Miconi  
Director of Nursing

Anna Brouse  
Assistant Director of Nursing

Noah Jones  
Director of Activities

Jessica Werner  
Director of Social Work

Sarah Papponetti  
Director of Therapy



## A Ring-A-Ding Time!

You're never too old to get silly from time to time, and that's what Herb [on the left], Sally, & Armin [on the right] take to heart while they play human ring toss.



## Awestruck August

What can you say about August that hasn't been said before? We all know there's nothing like sitting outside & feeling the sun on your skin, just make sure not to get burned! While there may not be many holidays in August, there are still a few important days to keep track of this month. For those that served in the Coast Guard, you may already know that August 4<sup>th</sup> is the birthday of the Coast Guard. You may also be aware that August 7<sup>th</sup> is Purple Heart Day, a day to honor all the soldiers who were injured serving our country. Then later still on August 18<sup>th</sup>, we have National Senior Citizen's Day, so that may be the best day to come and visit & recognize your loved one's accomplishments throughout their life. As August winds down, we have Women's Equality Day on the 26<sup>th</sup>, so there's no better day to recognize the important women in your life.

August has many monikers, but let's start with the most important, Summer Sun Safety Month. We all need sunlight, and we all enjoy a nice afternoon under the sun. So, as it gets hotter, if you want to take your loved one outside, we encourage you to find some shade to beat the heat, either by the front of the building or under our gazebo. If they want to sit in the sun, just be very careful that you're not out too late, and to look out for the signs of heat stroke and heat exhaustion. That summer sun can certainly scorch you, so make sure to get some water for yourself and loved one whenever you come back inside! We just ask that you please sign them out and check with a nurse before you take them outside.

August is also known as Happiness Happens Month & Family Fun Month; and the fun never stops here! As always, we encourage you to come on in and spend time with your loved ones, but if you need something to do when you visit, we have plenty of options. If you come to any of the end solariums on the floors, we have several resources available including movies, books, puzzles, board games, and other items you can use to help make your visit more exciting. Furthermore, if you aren't aware, you can reserve one of the solariums or the first floor café for a family gathering. If there's any food involved for the gathering, it will have to be held in the café, but there is more than enough space to accommodate any party!

Finally, patriotism doesn't stop at Independence Day, but it continues through American Adventures and American Arts Appreciation Month, better known as August. If you or your loved one used to travel all around the country, then maybe this August would be a good time to look through the old photo albums. When it comes to American Art, try showing your loved one some pieces by Georgia O' Keeffe, Mark Rothko, Norman Rockwell, or Jackson Pollock if they're an art aficionado. Either way, it's a great month to celebrate America's Lands & People, but most of all, it's always the best month to celebrate your loved ones.



# ACTIVITIES CALENDAR

Elderwood of Lakeside at Brockport

## August 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>LOCATION KEY:</b> LL – Large Lounge SL – Small Lounge DR – Dining Room CAFE – 1 <sup>st</sup> Floor Café UNITS – Staff will come room to room				<b>1</b> 10:00 Frisbee Discus Toss 2LL 11:00 Bingo 2DR 11:30 Rosary 4LL  2:00 Olympic Ceremony 2LL 3:00 Bingo 2DR 4:15 Spa Cart UNITS	<b>2</b> 10:00 Tabletop Bowling 4LL 11:00 Who Am I? Olympic Athletes 4LL  2:00 Name That National Anthem 2LL 3:30 Happy Hour: Champagne UNITS	<b>3</b> 10:00 Armchair Travel: Paris 2LL 11:00 Word Games 4LL  2:00 Edible Finger Painting 2LL 3:00 Shaving Cream Art 4LL
<b>4</b> 10:00 Morning Service 2LL 11:00 Morning Service 4LL  2:00 Red Skelton Laugh Along 2LL 3:00 Clown Nose Painting 4LL  <i>Circus Week</i>	<b>5</b> 10:00 Scarf Juggling 2LL 10:30 Bean Bag Twister 2LL 11:00 Circus Reminisce: Barnum & Bailey 2LL  2:00 Monday Matinee: Dumbo 4LL 4:15 Circus Animal Coloring 4LL	<b>6</b> 10:00 Clown Knockdown 4LL 11:00 Bingo 4DR  2:00 Baking Class: Mini Churros 2LL 3:00 Bingo 2DR 4:15 Clown Clothes Tie Dye 2DR	<b>7</b> 10:00 Cardio Drumming 4LL 10:30 11:00 Food Committee 4LL  2:30 <b>Magic with Steve Ingraham CAFE</b> 4:15 Cardboard Clown Shoes 2LL	<b>8</b> 10:00 Balloon Ball Toss 2LL 10:30 Big Top Trivia Quiz 2LL 11:00 Bingo 2DR  2:00 Balloon Animal Lessons 2LL 3:00 Bingo 4DR 4:15 Spa Cart UNITS	<b>9</b> 10:00 Clown Bowling 4LL 11:00 Drumming with Noah 4LL  2:00 Discussion Group: Clowns 2LL 3:30 Happy Hour: Cotton Candy Punch UNITS	<b>10</b> 10:00 Circus Animal Reminisce 2LL 11:00 Popcorn Stamping 4LL  2:00 Duck Races 2LL 3:00 Popcorn Sensory Bin 4LL
<b>11</b> 10:00 Morning Service 2LL 11:00 Morning Service 4LL  2:00 Wii Bowling 2LL 3:00 Armchair Travel: ISS 4LL  <i>Sky Adventure Week</i>	<b>12</b> 10:00 Sky High Ball Toss 2LL 10:30 Airplane Trivia 2LL 11:00 Reminiscing: First Flight 2LL  2:00 Monday Matinee: Snakes on a Plane 4LL 4:15 Birding for Beginners 4LL	<b>13</b> 10:00 Hi-Flying Stretches 4LL 10:30 Resident Council 2LL 11:00 Bingo 4DR  2:00 Name That Bird Call 2LL 3:00 Bingo 2DR 4:15 Climbing Butterfly Craft 2LL	<b>14</b> 10:00 Cardio Drumming 4LL 10:30 Bird Kite Construction 4LL 11:00 Bird Kite Flying 4LL 2:00 Men's Group: Planes of WWII 2LL 3:00 DIY Blimp Craft 2LL 4:15 Amelia Earhart Discussion 2LL	<b>15</b> 10:00 Wii Hunting Game 2LL 11:00 Bingo 2DR  2:30 <b>Ernesto Labella CAFE</b> 4:15 Spa Cart UNITS	<b>16</b> 10:00 Tabletop Bowling 4LL 11:00 Bingo 4DR  2:00 Activities Committee 2LL 2:30 Wacky Paper Airplanes 2LL 3:30 Happy Hour: House of Balloons UNITS	<b>17</b> 10:00 Space Race Social 2LL 11:00 Coffee Filter Bats 4LL  2:00 Hot Air Balloons Festival 2LL 3:00 Storm Jars UNITS
<b>18</b> 10:00 Morning Service 2LL 11:00 Morning Service 4LL  2:00 Battleship 2LL 3:00 Under Sea Silhouettes 4LL  <i>Under the Sea Week</i>	<b>19</b> 10:00 Seated Hula Dancing 2LL 10:30 Palm Leaf Paper Fan 2LL 11:00 Who's That Sea Creature? 2LL  2:00 Monday Matinee: Jaws 4LL 4:15 Music Appreciation: Polynesia 4LL	<b>20</b> 10:00 Seated Swimming Stretches 4LL 11:00 Bingo 4DR  2:00 Dolphin in a Jar Craft 2DR 3:00 Bingo 2DR 4:15 Sea Anemone Craft UNITS	<b>21</b> 10:00 Cardio Drumming 4LL 10:30 Ocean Trivia 4LL 11:00 Rainbow Fish Lacing 4LL  2:30 <b>Catholic Mass CAFE</b> 3:30 Seaside Word Ladder 2LL 4:15 History: SCUBA 2LL	<b>22</b> 10:00 Balloon Volleyball 2LL 11:00 Bingo 2DR  2:30 <b>Debra McCullough CAFE</b> 4:15 Spa Cart UNITS	<b>23</b> 10:00 Wii Bowling 4LL 11:00 Bingo 4DR  2:00 Sand Art Craft 2LL 3:30 Happy Hour: Jello Shots UNITS	<b>24</b> 10:00 Seashore Reminisce 2LL 11:00 Ocean Animal Puzzles  2:00 Ocean Charades 2LL 3:00 Foil Fish 4LL
<b>25</b> 10:00 Morning Service 2LL 11:00 Morning Service 4LL  2:00 Scary Story Sharing 2LL 3:00 Camping Pictionary 4LL  <i>Summer Camp Week</i>	<b>26</b> 10:00 Dice Roll Exercises 2LL 10:30 Mousetrap Car Craft 2LL 11:00 Mousetrap Races 2LL  2:00 Monday Matinee: Parent Trap 4LL 4:15 11:30 DIY Pinwheel 4LL	<b>27</b> 10:00 Balloon Baseball 4LL 11:00 Bingo 4DR  2:00 Coaster Weaving 2LL 3:00 Bingo 2DR 4:15 Clock Making Craft 2LL	<b>28</b> 10:00 Cardio Drumming 4LL 11:00 Campground Coloring 4LL  2:00 Water Balloon Toss 2LL 3:00 Obstacle Course Race 2LL 4:15 Camping Word Ladder 2LL	<b>29</b> 10:00 Egg Toss Prize Game 2LL  12:30 Picnic CAFE  3:00 Bingo 4DR 4:15 Spa Cart UNITS	<b>30</b> 10:00 Wii Bowling 2LL 11:00 Bingo 2DR  2:00 Calendar Posting UNITS 3:30 Happy Hour: Moonshine Mudslides UNITS	<b>31</b> 10:00 Campfire Questions 2LL 11:00 Pop Bottle Fireflies 4LL  2:00 Coloring Pages 4LL 3:00 To-Go Tissue Holder 2LL



# ACTIVITIES CALENDAR

Elderwood of Lakeside at  
Brockport  
**SEASONS**

**August  
2024**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>LOCATION KEY:</b> LL – Large Lounge SL – Small Lounge DR – Dining Room CAFÉ – First floor Café UNITS – Activities staff will come room to room				<b>1</b> 10:00 Skeeball 4LL 10:45 Olympic Crown Craft 4LL 11:00 Bingo 2DR 11:30 Rosary 4LL  2:00 Newspaper Cart UNITS 3:00 Bingo 2DR 4:15 Olympic Word Search 4DR	<b>2</b> 10:00 Pancake Races 2DR 10:45 Jello Swimming Pool 2DR 11:15 Olympic Charades 2DR 11:45 Snack Taste Test 2DR  2:00 Travel Reminisce Bin 4LL 3:00 History of the Olympics 4LL 3:30 Happy Hour: Gold Champagne UNITS	<b>3</b> 10:00 Armchair Travel: Paris 2LL 11:00 Word Games 4LL  2:00 Edible Finger Painting 2LL 3:00 Shaving Cream Art 4LL
<b>4</b> 10:00 Morning Service 2LL 11:00 Morning Service 4LL  2:00 Red Skelton Laugh Along 2LL 3:00 Clown Nose Painting 4LL  <i>Circus Week</i>	<b>5</b> 10:00 Kerplunk 4LL 10:45 Spelling Bee 4LL 11:15 Clown Hair Painting 4LL 11:45 Cotton Candy Playdough 4LL  2:00 What's in the Balloon? 2LL 3:00 Guess the Sound 2LL 3:30 Chuck the Duck 2LL 4:00 Circus Tent Craft 2LL	<b>6</b> 10:00 Beer Pong 2LL 10:45 Zodiac Discussion 2LL 11:00 Bingo 4DR 11:30 Rosary 2LL  2:00 Newspaper Cart UNITS 3:00 Bingo 2DR 4:15 Pom Pom Push UNITS	<b>7</b> 10:00 Bocce 2LL 10:45 Circus Act Name Games 2LL 11:15 Pin the Nose on the Clown 2LL 11:45 Cotton Candy Taste Test 2LL  <b>2:30 Magic Show with Steve Ingraham CAFÉ</b> 4:15 Tattoo Booth UNITS	<b>8</b> 10:00 Pool Noddle Hockey 4LL 10:45 Clown Tie Decorating 4LL 11:00 Bingo 2DR 11:30 Rosary 4LL  2:00 Sing-A-Long 4DR 3:00 Bingo 4DR 4:15 Color by Number UNITS	<b>9</b> 10:00 Human Ring Toss 2LL 10:45 Mad Libs 2LL 11:15 Verse Collage 2LL 11:45 Circus Foods Discussion 2LL  2:00 Louis Visits UNITS 3:30 Happy Hour: Cotton Candy Punch UNITS	<b>10</b> 10:00 Circus Animal Reminisce 2LL 11:00 Popcorn Stamping 4LL  2:00 Duck Races 2LL 3:00 Popcorn Sensory Bin 4LL
<b>11</b> 10:00 Morning Service 2LL 11:00 Morning Service 4LL  2:00 Wii Bowling 2LL 3:00 Armchair Travel: ISS 4LL  <i>Sky Adventure Week</i>	<b>12</b> 10:00 Wii Bowling 4LL 10:45 Butterfly Matching Game 4LL 11:15 Pom Pom Hot Air Balloons 4LL 11:45 A to Z Foods 4LL  2:00 Transportation Reminisce 2LL 3:00 Balloon Ball 2LL 3:30 Paper Bag Kites 2LL 4:00 Sunday School Trivia 2LL	<b>13</b> 10:00 Ping Pong Pan 2LL 10:30 Resident Council 2LL 11:00 Bingo 4DR 11:30 Rosary 2LL  2:00 Newspaper Cart UNITS 3:00 Bingo 2DR 4:15 Model Planes UNITS	<b>14</b> 10:00 Conversation Ball 2LL 10:45 Bird Naming 2LL 11:15 Collaborative Painting 2LL 11:45 Guess the Spice 2LL  2:00 Shaving Cream Cloud UNITS 3:00 Armchair Travel: Air Space 4LL 3:30 Paper Airplanes 4LL 4:00 Airplane Toss 4LL	<b>15</b> 10:00 Hunting Game 4LL 10:45 Galaxy Chalk Art 4LL 11:00 Bingo 2DR 11:30 Rosary 4LL  <b>2:30 Music with Ernesto Labella CAFÉ</b> 4:15 Storm Cloud Threading UNITS	<b>16</b> 10:00 Mini Basketball 2LL 10:45 Straw Rockets 2LL 11:00 Bingo 4DR  2:00 What's in the Bag? 4DR 3:00 Would You Rather 4DR 3:30 Happy Hour: House of Balloons UNITS	<b>17</b> 10:00 Space Race Social 2LL 11:00 Coffee Filter Bats 4LL  2:00 Hot Air Balloons Festival 2LL 3:00 Storm Jars UNITS
<b>18</b> 10:00 Morning Service 2LL 11:00 Morning Service 4LL  2:00 Battleship 2LL 3:00 Under Sea Silhouettes 4LL  <i>Under the Sea Week</i>	<b>19</b> 10:00 Magnetic Darts 4LL 10:45 Seashell Matching 4LL 11:15 Marble Mosaics 4LL 11:45 SPAM Discussion 4LL  2:00 Armchair Travel: Key West 2LL 3:00 Key West Board Game 2LL 3:30 Fishing Game 2LL 4:00 Silhouette Art 2LL	<b>20</b> 10:00 Bocce 2LL 10:45 Ocean Jeopardy 2LL 11:00 Bingo 4DR 11:30 Rosary 2LL  2:00 Newspaper Cart UNITS 3:00 Bingo 2DR 4:15 Bubble Art UNITS	<b>21</b> 10:00 Kerplunk 2LL 10:45 A to Z Fish 2LL 11:15 Chocolate Chip Cookies 2LL 11:45 Cookie Tasting 2LL  <b>2:30 Catholic Mass CAFÉ</b> 3:30 Fishbowl Toss 4LL 4:00 Octopus Threading UNITS	<b>22</b> 10:00 Pancake Races 4DR 10:45 Reef Painting 4DR 11:00 Bingo 2DR 11:30 Rosary 4DR  <b>2:30 Music with Debbie McCullough Concert CAFÉ</b>	<b>23</b> 10:00 Tabletop Bowling 2LL 10:45 50: Over or Under 2LL 11:00 Bingo 4DR  2:00 Louis Visits UNITS 3:30 Happy Hour: Blue Jello Shots UNITS	<b>24</b> 10:00 Seashore Reminisce 2LL 11:00 Ocean Animal Puzzles  2:00 Ocean Charades 2LL 3:00 Foil Fish 4LL
<b>25</b> 10:00 Morning Service 2LL 11:00 Morning Service 4LL  2:00 Scary Story Sharing 2LL 3:00 Camping Pictionary 4LL  <i>Summer Camp Week</i>	<b>26</b> 10:00 Beer Pong 4LL 10:45 Dice Games 4LL 11:15 Rock Garden 4LL 11:45 Campfire Cooking 4LL  2:00 Frozen Pizza Origins 2LL 3:00 Camping Gear Name Game 2LL 3:30 Marshmallow Toss 2LL 4:00 Foil-painted Campfire 2LL	<b>27</b> 10:00 Pool Noodle Hockey 2LL 10:45 Camping Riddles 2LL 11:00 Bingo 4DR 11:30 Rosary 2LL  2:00 Newspaper Cart UNITS 3:00 Bingo 2DR 4:15 Camping Word Search UNITS	<b>28</b> 10:00 Egg Toss 2LL 10:45 Camping Reminisce 2LL 11:15 Jeopardy 2LL 11:45 Smore's Taste Test 2LL  2:00 Plastic Cup Lanterns 4DR 3:00 Smore's Dip 4DR 3:30 Outdoor Pictionary 4DR 4:00 Human Ring Toss 4DR	<b>29</b> 10:00 Tabletop Golf 4LL 10:45 Friendship Bracelets 4LL  12:30 Picnic CAFÉ  3:00 Bingo 4DR 4:15 Nature Scents Sensory Bin UNITS	<b>30</b> 10:00 Skeeball 4LL 10:45 Campfire Sing-a-long 4LL 11:00 Bingo 2DR 11:30 Rosary 4LL  2:00 Calendar Posting UNITS 3:00 Happy Hour: Mudslides UNITS	<b>31</b> 10:00 Campfire Questions 2LL 11:00 Pop Bottle Fireflies 4LL  2:00 Coloring Pages 4LL 3:00 To-Go Tissue Holder 2LL